

March - April

• • • • • • • • • • • • • • • • • • •						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30 Theme: All About Me	31 Theme: Castles & Kings	1 Theme: Down on the Farm	2 Theme: Let's Camp Out	3 Theme: Movie Day	4
5	6 Theme: My Body	7 Theme: My Family	8 Theme: My Senses	9 Theme: My Feelings	10 Theme: My Holiday	11
12	13 Theme: Our Earth	14 Theme: Sensational Spring	15 Theme: Super Hero Day	16 Theme: Sports Day	17 Theme: Rhyme Time	18
19	20 Theme: Treasure Island	21 Theme: Welcome to the Jungle	22 Theme: Wild, Wild, West	23 Theme: Under the Sea	24 Theme: Under the Stars	25



March 30 th :	Activities	Activity Item	Skill
All About Me	Activity 1	Complete all about me	Handwriting
		worksheet	Word recall
			Personal Information
	Activity 2	Draw a picture of yourself	Sensory Input
		and write your name in either shaving cream, rice, or lotion	Letter Identification
		or lotion	
	Activity 3	Listen to your favorite songs and watch your favorite movie	Leisure Skills Requesting
		favorite movie	

March 31 st :	Activities	Activity Item	Skill
Castles & Kings	Activity 1	Read or listen to a classic	Requesting
		fairy tale story	Receptive/Expressive
			identification of characters
			Attending to a Story
	Activity 2	➤ Paint a picture of a	Leisure Skills
		castle	Fine Motor Skills
		➤ Make a crown and	THE MOTOL SKIIIS
		decorate it	
		➤ Make a Magic wand or	
		Shield and decorate it	
	Activity 3	Watch your favorite classic	Leisure Skills
		Disney movie	
			Receptive/Expressive
			identification of characters

April 1 st :	Activities	Activity Item	Skill



Down on the Farm	Activity 1	Make a list of all the	Recall of information
		animals you can find on a	Calanada
		farm and then find pictures	Categories
		on the computer or in a	Matching
		book and match them	
	Activity 2	➤ Make all the sounds that	Features
		each animal makes	Disco
		➤ Play Duck Duck Goose —	Play
		you can include our	Imitation
		favorite lovies in this	
		activity	
	Activity 3	Sing Old McDonald and or	Expressive Language – Fill-
		watch Charlotte's Web or	in
		Barnyard	
			Play

April 2 nd :	Activities	Activity Item	Skill
Let's Camp Out	Activity 1	Build a Tent out of pillows, cushions and blankets – decorate the inside and invite family in	Play Sensory Skills
	Activity 2	Make S'mores to have a snack in your tent	Requesting items Sequencing steps Pretend Play
	Activity 3	Play a card game – go fish or old maid	Turn taking Initiating with a partner

April 3 rd :	Activities	Activity Item	Skill
Movie Day	Activity 1	List your Top Ten Favorite	Requesting help
		Movies	Identification based on



		clues
Activity 2	Make snack for a movie	Following a sequence
	picnic – popcorn, candy, shake	Requesting an item
Activity 3	Watch a Movie – picnic	Following multi-step
	style – put some blankets	directions
	and pillows on the floor and spread out your snacks and watch 1 or 2 (for a double feature) movies	Identifying needed items

April 6 th :	Activities	Activity Item	Skill
My Body	Activity 1	Draw the shape of a body – or if you have bigger paper or paper bags you can have your child lay on the paper and draw their body – and then label all the major body parts.	Body Awareness Fine motor
	Activity 2	Sing Head Shoulders Knees and Toes and or Play Simon Says	Following Directions Imitation
	Activity 3	Play the game Operation	Leisure Skills Fine Motor Skills

April 7 th :	Activities	Activity Item	Skill
My Family	Activity 1	Draw a Family Tree and	Personal information
		then find or create pictures and put them on the tree.	Identifying familiar people
		Then name all of the family members. You can also	Answering "who" questions



	look at photo albums and see if the kids can point out their family members.	
Activity 2	Family Mobile – Draw or cut pictures of your family and tape the pictures to string and hang them on a hanger.	Leisure skills Fine motor skills
Activity 3	Read a story together – The Bernstein Bears or Little Critter books are great family stories.	Attending to a story Identifying items and actions Answering questions about the pictures/text

April 8 th :	Activities	Activity Item	Skill
My Senses	Activity 1	Write down all the senses	Handwriting
		and the body part that goes with that sense.	Associations
	A ativity 2	Go on a "Walk-about"	"L coo. "
	Activity 2	through your house and	"I see"
		see how many different	"I hear"
		things you can find by	"I taste"
		using your senses. If	
		appropriate ask your child	Expressive identification
		about their preferences.	
	Activity 3	Set up Sensing Stations –	Sensory skills
		playdough for touch, spices to smell, different fabrics	Motor Skills
		to feel, different or favorite	
		foods to eat, a favorite	
		song to hear and then a	
		favorite video to watch.	



April 9 th :	Activities	Activity Item	Skill
My Feelings	Activity 1	Create Paper Plate Faces – draw different feelings on faces and then write emotions on cards and help your child match them	Identifying emotions Matching
	Activity 2	Happy and Silly Time – tell jokes, do a silly dance, create a silly skit	Leisure skills Play schemas/Role play
	Activity 3	Watch the movie Inside Out	Leisure skills Requesting Yes/No

April 10 th :	Activities	Activity Item	Skill
My Holiday – for Easter or	Activity 1	Read a book about Easter	Social studies
Passover		and or Passover and talk about which traditions in	Attending to a story
		the book your family does	
	Activity 2	Easter – decorate Easter	Fine motor skills
		eggs or make some Easter Eggs using paper and	Leisure skills
		markers. Then have an Easter Egg hunt around	Following directions
		your house	
		Passover – Make a special	
		matzah snack. Then take	
		some matzah in snack bags	
		and have a matzah hunt	
		around your house	
	Activity 3	Watch the movie The	Leisure skills



	Prince of Egypt or Hop	

April 13 th :	Activities	Activity Item	Skill
Our Earth	Activity 1	Take a walk, even plant a	Following directions
		seed or flower in the yard, or just play in the mud.	Sequencing
	Activity 2	Create an Earth from	Imitation
		playdough – make it as big or small as you want!	Following directions
	Activity 3	Watch the movie Walle	Leisure skills
			Requesting
			Yes/No

April 14 th :	Activities	Activity Item	Skill
Sensational Spring	Activity 1	Painting Activity – using	Leisure skills
		your child's hands and feet paint flowers on paper or	Sensory input
		cardboard which you can then hang on the wall.	Following directions
			Identifying colors
	Activity 2	Create Earth Jars - Gather	Following directions
		the following: 4 jars with	Sequencing
		lids, dirt, sand, salt, gravel	Sequencing
		and a large pitcher of warm water. Have the kids	Predictions
		help pour the warm water	
		into each jar. Add one of	
		the elements to each jar,	
		and cover it tightly. Let	
		them predict what will	



	happen when you shake each jar. Shake them one at a time.	
Activity 3	Games: Do wheel barrel races outside or inside; Create a hopscotch grid in your driveway; Use sidewalk chalk outside	Physical activity Leisure skills

April 15 th :	Activities	Activity Item	Skill
Super Hero Day	Activity 1	Dress up as your favorite	Pretend Play
		super hero.	ADL
	Activity 2	Superhero Cookies – bake	Following directions
		sugar cookies and let your	
		kids decorate them in their	Leisure skills
		favorite colors or sprinkles.	
	Activity 3	Watch your favorite	Leisure skills
		superhero movie or	
		cartoon	Requesting items
			Yes/No

April 16 th :	Activities	Activity Item	Skill
Sports Day	Activity 1	Create a list of all your	Physical activity
		favorite sports and pick 2 to play	Leisure skills
	Activity 2	Create an obstacle course	Physical activity
		in or outside of your house – you can use painters tape	Leisure skills
		or signs to define the	Sensory input
		course – make sure you	, ,
		include over and under	
		obstacles – have your kids	



	goes through the course a few times and then they can play beat the clock – who's the fastest?	
Activity 3	Toss a ball back and forth and count how many times you can do it without dropping the ball	Leisure skills Counting Social play

April 17 th :	Activities	Activity Item	Skill
Rhyme Time	Activity 1	Read a Dr. Seuss book and	Attending to a story
		see if your child can pick out the words that rhyme	Rhyming
	Activity 2	Write a rhyming poem – it	Phonics
		can be fun and silly	Letter identification
			Patterns
	Activity 3	Create a rhyming song playlist:	Leisure skills
		Humpty Dumpty Row Row Row The Boat Ring A Ring A Roses	Phonics skills
		Twinkle Twinkle Little Star The Wheels On The Bus	
		Incy Wincy Spider	
		5 Little Ducks Went Swimming One Day	

April 20 th :	Activities	Activity Item	Skill
Treasure Island	Activity 1	Create a map of your	Social studies
		treasure island – you could draw it, create it out of	Fine motor
		pillows and blankets – use	Pretend play



	your imagination	
Activity 2	Hide a "treasure" and play	Pretend play
	hot and cold or create a	
	treasure map scavenger	Social play
	hunt	
Activity 3	Watch Moana or Aladdin	Leisure skills
		Requesting
		Yes/No

April 21 st :	Activities	Activity Item	Skill
Welcome to the Jungle	Activity 1	Draw a jungle and then add your jungle animals by either cutting out pictures or drawing them in. You can make a list of the animals and what sounds they make.	Fine motor skills Pretend play Expressive fill ins
	Activity 2	Act out the song 5 Little Monkeys Jumping on the Bed	Pretend play Counting/Number ID
	Activity 3	Watch the movie Madagascar, The Jungle Book or Tarzan	Leisure skills Animal identification Requesting
			Yes/No

April 22 nd :	Activities	Activity Item	Skill
Wild Wild West	Activity 1	Create a cowboy hat and sheriffs badge – color or decorate them	Fine motor skills Color identification



Activity 2	Cut out horse shoe shapes	Fine motor skills
	and play the game horse	
	shoe or make Rice Crispy	Leisure skills
	Hay Bales (cut them in a	Social play
	rectangular shape)	, , , , , , , , , , , , , , , , , , ,
Activity 3	Watch the movie Barnyard	Leisure skills
	or Home on the Range	Requesting
		Yes/No

April 23 rd :	Activities	Activity Item	Skill
Under the Sea	Activity 1	Paint a sea scene – have a	Fine motor skills
		piece of white paper and color or paint the ocean	Categories
		and then add in your sea creature – fishes, whales, coral reefs	Identification of items
	Activity 2	Bake Snickerdoodle "Sand Dollar" Cookies	Leisure skills Following directions Math
	Activity 3	Watch The Little Mermaid or Finding Nemo	Leisure skills Requesting Yes/No

April 24 th :	Activities	Activity Item	Skill
Under the Stars	Activity 1	Read Goodnight Moon and color or paint a picture of the moon and stars	Attending to a story Fine motor skills
	Activity 2	In a dark room, use	Play



	flashlights to create images on the wall.	Requesting turns
Activity 3	Watch the Lion King or Sing Twinkle Twinkle Little Star	Leisure skills Requesting Yes/No

These are suggested activities for your children. You know your child best and if the activities do not match your child's skill level or interest it is our recommendation that you do not do the activities. Your child should be supervised by a responsible adult for all activities to ensure their safety.