

## Rain Stick



### **Materials Needed:**

- ✓ Empty Paper Towel Roll OR Empty Toilet Paper Roll
- ✓ Aluminum Foil
- ✓ 2 Rubber Bands
- ✓ A Filler (rice, dried beans, popcorn kernels, small pastas, and/or beads)
- ✓ Markers/Paint/Stickers (optional, for decoration ☺)

### **Steps:**

1. Gather your materials and pick out a cardboard tube



2. Rip off a piece of aluminum foil and secure it to one end using a rubber band



3. Fill your rain stick with the filler of your choice!



4. Once your stick is filled to your liking, rip off another piece of aluminum foil and secure the other end with another rubber band





5. Color, paint, or apply stickers! (optional)
6. Shake it!!

**Additional Skill Practice:**

Here are some additional skills you can work on with your kiddo related to this craft:

- Motor imitation
- Fine motor skills