

## Make Your Own Football Craft



### **Materials Needed:**

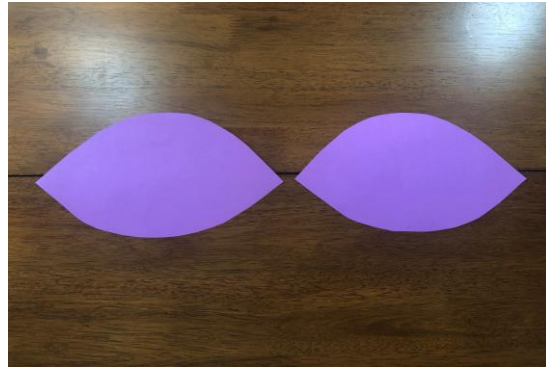
- ✓ Brown construction paper (alternatives: if you have a favorite team, use their colors!)
- ✓ White paint (alternatives: can also use white colored pencils/crayons)
- ✓ Scissors
- ✓ Pencil/pen
- ✓ Tape
- ✓ Paper scraps/napkins/paper towels

### **Steps:**

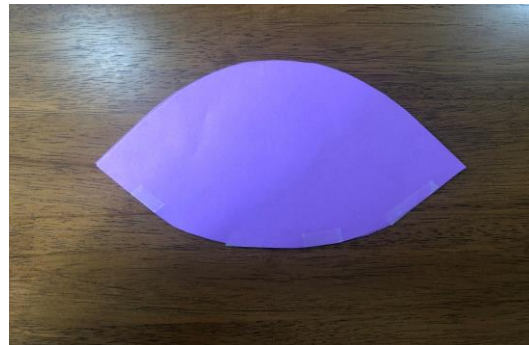
1. Fold one piece of colored construction paper in half along and draw a football shape in the middle.



2. Cut out the football shape when the paper is folded. You should end up with two identical footballs.



3. Stack the pieces and fold small pieces of tape on the along one edge to secure the two halves together.



4. Stuff the inside of your football with scrap paper (if you have any from previous crafts) or crumpled napkins/paper towels to make your ball 3D.



5. Repeat step 3 for the other edge of the football so the stuffing doesn't come out.



6. Decorate! Paint one white stripe on the left and right sides of the football, and one horizontal line with three small vertical lines in the middle for the lacing. Let dry completely before turning over.



7. Paint white stripes on the back of your football in the same place you painted the stripes on the front. Once dry, you're ready to play!





### **Additional Skill Practice:**

Here are some additional skills you can work on with your kiddo related to this craft:

- Color identification
- Expressive/ receptive identification
- Receptive commands – “throw/catch/give me the ball”
- Gross motor skill – practice running the ball across your room/yard to score a “touchdown”!